

2020-2021 Skate Regina Winter Skating Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday	
Times	Doug Wick 4:45-8:45	Doug Wick 5:45-8:00	Doug Wick 5:00-9:00	Cooperators 4:45-8:45	Doug Wick 4:45-7:00	Times	Balfour 11:15-3:15	Doug Wick 1:00-3:30	
4:30						11:00			
4:45	Pre-Power 4:45-5:30			Simulations 4:45-5:15	10 Star 1-6 Open 4:45-5:30	11:15			
5:00			Parent Assisted/ Pre-Can/CanSkate (Stage 1,2,3&4) 5:00-5:45			Jr Academy/Jr Prep Star 1-4 Group 5:15-6:00	11:30		
5:15							11:45		
5:30	Power 5:30-6:15		Jr Academy/Jr Prep Star 1-4 Group 5:45-6:30	8 Open 6:00-6:45	11 Freeskate 5:30-6:15	12:00	12 Freeskate 12:00-12:45		
5:45		Parent Assisted/ Pre-Can/CanSkate (Stage 1,2,3&4) 5:45-6:30						12:15	
6:00								12:30	
6:15	Flood 6:15-6:30				Jr Academy/Jr Prep Star 1-4 Group 6:15-7:00	12:45	Jr Academy/Jr Prep Star 1-4 Group & Open 13 12:45-1:30		
6:30		Flood 6:30-6:45		1:00					
6:45	1 Star 1-6 Open 6:30-7:15	4 Open 6:30-7:15	Group Spin Class 6:45-7:00	Flood 6:45-7:00		1:15		Special O 1:00-1:45	
7:00						1:30	Flood 1:30-1:45		
7:15	2 Freeskate 7:15-8:00	5 Freeskate 7:15-8:00	6 Freeskate 7:00-7:45	Star/Competitive Group Training 7:00-7:45		1:45	Parent Assisted/ Pre-Can/CanSkate (Stage 1,2,3&4) 1:45-2:30	Parent Assisted/ Pre-Can/CanSkate (Stage 1,2,3&4) 1:45-2:30	
7:30						2:00			
7:45						2:15			
8:00	3 Open 8:00-8:45		7 Adult/Open 7:45-8:30	9 Freeskate 7:45-8:45		2:30	Parent Assisted/ Pre-Can/CanSkate (Stage 1,2,3&4) 2:30-3:15	Flood 2:30-2:45	
8:15						2:45		Parent Assisted/ Pre-Can/CanSkate (Stage 1,2,3&4) 2:45-3:30	
8:30			Edge 8:30-9:00			3:00			
8:45						3:15			
9:00						3:30			