

Skate Regina 2022 Summer School Schedule - WEEK 4

For the Week of:	July 25 - July 29												
	Monday			Tuesday			Wednesday			Thursday			Friday
9:00 AM													
9:15 AM	Jr/Int Freeskat			Jr/Int Freeskat			Jr/Int Freeskat			Jr/Int Freeskat			
9:30 AM	1 9:00-9:45			1 9:00-9:45			1 9:00-9:45			1 9:00-9:45			
9:45 AM	Flood			Flood			Flood			Flood			
10:00 AM	Int/Sr EDGE			Int/Sr Group			Int/Sr EDGE			Int/Sr SPIN			
10:15 AM	Class 10:00-10:30			Class		Jr/Int Jump class 10:00-10:30	Class 10:00-10:30			Class	Jr/Int Jump class 10:00-10:30		
10:30 AM		Junior/Inter Yoga 10:30-11:15	Jr Prep/Academy Off-ice 10:15-11:00	Int/Sr Freeskat	Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskat	Junior/Inter Posture & Stretch 10:30-11:15	Jr Prep/Academy Off-ice 10:15-11:00	Int/Sr Freeskat		Jr Prep/Academy Off-ice 10:15-11:00	
10:45 AM	Int/Sr Freeskat			1 10:15-11:00			1 10:30-11:15			1 10:15-11:00			
11:00 AM	1 10:30-11:15												
11:15	Flood			Flood			Flood			Flood			
11:30 AM				Jr/Int Freeskat						Jr/Int Freeskat			
11:45 AM	Jr/Int Freeskat	Inter/Seniors Off-ice YOGA 11:30-12:15		2 11:15-12:00			Jr/Int Freeskat	Inter/Seniors Off-ice YOGA 11:30-12:15		2 11:15-12:00			
12:00 PM	2 11:30-12:15			Jr/Int Group	Inter/Sr Jump class 11:45-12:15		2 11:30-12:15			Jr/Int Spin	Inter/Sr Jump class 11:45-12:15		
12:15 PM	Jr/Int EDGE			Class			Jr/Int EDGE			Class			
12:30	Class 12:15-12:45			Flood			Class 12:15-12:45			Flood			
12:45 PM	Flood			Open Freeskat			Flood			Open Freeskat			
1:00 PM				12:30-1:15						12:30-1:15			
1:15 PM	Open Freeskat			Flood			Open Freeskat			Flood			
1:30 PM	1:00-1:45						1:00-1:45						
1:45 PM	Flood			Int/Sr Freeskat			Flood			Int/Sr Freeskat			
2:00 PM				2 1:30-2:15						2 1:30-2:15			
2:15 PM	Int/Sr Freeskat						Int/Sr Freeskat						
2:30 PM	2 2:00-2:45						2 2:00-2:45						
2:45 PM													
3:00 PM													
3:15 PM													
3:30 PM													
3:45 PM													
4:00 PM					Inter/Seniors Off-ice Level 10 3:45-4:45						Inter/Seniors Off-ice Level 10 3:45-4:45		
4:15 PM					*Pre-Register with Level 10*						*Pre-Register with Level 10*		
4:30 PM													
4:45 PM													

NO ICE

