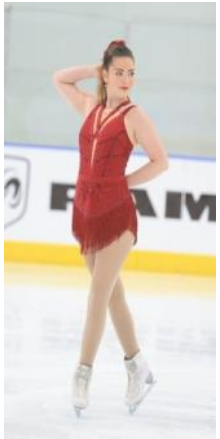
Sponsored By

REAL DISTRICT

2026 Summer Skating School

6 Weeks - June 29th to August 7th, 2026

admin@skateregina.ca

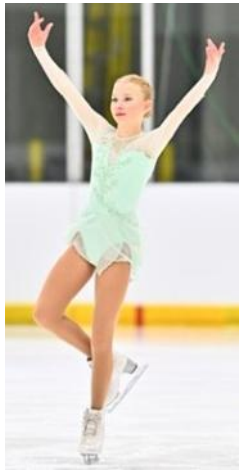


LOOKING FOR A PLACE TO?

- Fine tune your skating techniques or skills….
- Get an edge on the competitive season….
- Have fun while training in a world class facility….

LOOK NO FURTHER THAN THE SKATE REGINA SUMMER SCHOOL!

Training Centre for Skate Canada National & Provincial Champions & Challenge Qualifiers



Skate Regina 2026 Summer School Schedule - WEEK 1

For the Week of: **June 29, 2026 (Monday)**

	Mon June 29			Tue June 30			Wed July 1			Thu July 2			Fri July 3		
9:00 AM	Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			NO ICE CANADA DAY			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45		
9:15 AM															
9:30 AM															
9:45 AM	Flood			Flood						Flood			Flood		
10:00 AM	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **Group** Class		Jr/Int Jump class 10:00-10:30				Int/Sr **SPIN** Class		Jr/Int Jump class 10:00-10:30	Jr/Int Freeskate 2 10:00-10:45		
10:15 AM		Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00					Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00				
10:30 AM	Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15										Flood		
10:45 AM															
11:00 AM													Int/Sr Freeskate 1 11:00-11:45	Jr/Int Level 10 Off-ice at Cooperators 11:00-11:45	Jr Prep/Academy Off-ice 11:00-11:45
11:15 AM	Flood			Flood						Flood					
11:30 AM	Jr/Int Freeskate 2 11:30-12:15		Int/Sr Off-ice DANCE 11:30-12:15	Jr/Int Freeskate 2 11:15-12:00						Jr/Int Freeskate 2 11:15-12:00					
11:45 AM						Int/Sr Jump class 11:45-12:15						Inter/Sr Jump class 11:45-12:15	Flood		
12:00 PM				Jr/Int **Group** Class						Jr/Int **Spin** Class			Int/Sr Freeskate 2 12:00-12:45		
12:15 PM	Jr/Int **EDGE** Class 12:15-12:45			Flood						Flood					
12:30 PM				Open Freeskate 12:30-1:15	Sr/Pair Freeskate 12:30-1:15					Open Freeskate 12:30-1:15	Sr/Pair Freeskate 12:30-1:15		Flood		
12:45 PM	Flood												Sr/Pair Freeskate 1:00-1:45		
1:00 PM	Open Freeskate 1:00-1:45	Sr/Pair Freeskate 1:00-1:45													
1:15 PM															
1:30 PM				Flood						Flood					
1:45 PM	Flood			Int/Sr Freeskate 2 1:30-2:15						Int/Sr Freeskate 2 1:30-2:15					
2:00 PM	Int/Sr Freeskate 2 2:00-2:45												Int/Sr Off-ice Level 10 2:15-3:15		
2:15 PM				Flood						Flood					
2:30 PM				Int/Sr Freeskate 3 2:30-3:15						Int/Sr Freeskate 3 2:30-3:15					
2:45 PM	Flood														
3:00 PM	Int/Sr Freeskate 3 3:00-3:45														
3:15 PM															
3:30 PM															
3:45 PM					Int/Sr Off-ice Level 10 3:45-4:45						Int/Sr Off-ice Level 10 3:45-4:45				
4:00 PM															
4:15 PM															
4:30 PM															
4:45 PM															

Skate Regina 2026 Summer School Schedule - WEEK 2

For the Week of: **July 6, 2026 (Monday)**

	Mon July 6			Tue July 7			Wed July 8			Thu July 9			Fri July 10		
9:00 AM	Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45		
9:15 AM															
9:30 AM															
9:45 AM	Flood			Flood			Flood			Flood			Flood		
10:00 AM	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **Group** Class		Jr/Int Jump class 10:00-10:30	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **SPIN** Class		Jr/Int Jump class 10:00-10:30	Jr/Int Freeskate 2 10:00-10:45		
10:15 AM		Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:30-11:15	Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00				
10:30 AM	Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15						Jr/Int Off-ice DANCE 10:30-11:15				Flood	Sr/Pair Freeskate 10:45-11:30	
10:45 AM															
11:00 AM													**SIMULATIONS** 11:00-11:45		Jr Prep/Academy Off-ice 11:00-11:45
11:15 AM	Flood			Flood			Flood			Flood					
11:30 AM	Jr/Int Freeskate 2 11:30-12:15		Int/Sr Off-ice DANCE 11:30-12:15	Jr/Int Freeskate 2 11:15-12:00			Jr/Int Freeskate 2 11:30-12:15		Int/Sr Off-ice DANCE 11:30-12:15	Jr/Int Freeskate 2 11:15-12:00					
11:45 AM						Int/Sr Jump class 11:45-12:15						Inter/Sr Jump class 11:45-12:15	Int/Sr Freeskate 1 11:45-12:30		Jr/Int Level 10 Off-ice at Cooperators 11:00-11:45
12:00 PM				Jr/Int **Group** Class						Jr/Int **Spin** Class					
12:15 PM	Jr/Int **EDGE** Class 12:15-12:45			Flood			Jr/Int **EDGE** Class 12:15-12:45			Flood			Flood		
12:30 PM				Open Freeskate 12:30-1:15						Open Freeskate 12:30-1:15			**SIMULATIONS** 12:45-1:30		
12:45 PM	Flood						Flood								
1:00 PM	Open Freeskate 1:00-1:45			Flood			Open Freeskate 1:00-1:45			Flood					
1:15 PM				Int/Sr Freeskate 2 1:30-2:15						Int/Sr Freeskate 2 1:30-2:15			Int/Sr Freeskate 2 1:30-2:15		
1:30 PM															
1:45 PM	Flood			Flood			Flood			Flood					
2:00 PM	Int/Sr Freeskate 2 2:00-2:45			Int/Sr Freeskate 3 2:30-3:15			Int/Sr Freeskate 2 2:00-2:45			Int/Sr Freeskate 3 2:30-3:15					
2:15 PM		Sr/Pair Freeskate 2:15-3:00			Sr/Pair Freeskate 2:15-3:00			Sr/Pair Freeskate 2:15-3:00			Sr/Pair Freeskate 2:15-3:00				
2:30 PM															
2:45 PM	Flood						Flood						Int/Sr Off-ice Level 10 2:45-3:45		
3:00 PM	Int/Sr Freeskate 3 3:00-3:45						Int/Sr Freeskate 3 3:00-3:45								
3:15 PM															
3:30 PM															
3:45 PM					Int/Sr Off-ice Level 10 3:45-4:45						Int/Sr Off-ice Level 10 3:45-4:45				
4:00 PM															
4:15 PM															
4:30 PM															
4:45 PM															

Skate Regina 2026 Summer School Schedule - WEEK 3

For the Week of: **July 13, 2026 (Monday)**

	Mon July 13			Tue July 14			Wed July 15			Thu July 16			Fri July 17		
9:00 AM	Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45		
9:15 AM															
9:30 AM															
9:45 AM	Flood			Flood			Flood			Flood			Flood		
10:00 AM	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **Group** Class		Jr/Int Jump class 10:00-10:30	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **SPIN** Class		Jr/Int Jump class 10:00-10:30	Jr/Int Freeskate 2 10:00-10:45		
10:15 AM		Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00			Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00				
10:30 AM	Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15				Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15						Int/Sr Freeskate 1 10:30-11:15
10:45 AM													Flood		
11:00 AM				Flood			Flood			Flood				Jr Prep/Academy Off-ice 11:00-11:45	
11:15 AM	Flood			Jr/Int Freeskate 2 11:15-12:00			Jr/Int Freeskate 2 11:30-12:15			Jr/Int Freeskate 2 11:15-12:00			SIMULATIONS 11:00-11:45		
11:30 AM	Jr/Int Freeskate 2 11:30-12:15		Int/Sr Off-ice DANCE 11:30-12:15			Int/Sr Jump class 11:45-12:15			Int/Sr Off-ice DANCE 11:30-12:15			Int/Sr Jump class 11:45-12:15	Int/Sr Freeskate 2 11:45-12:30	Jr/Int Level 10 Off-ice at Cooperators 11:00-11:45	
11:45 AM				Jr/Int **Group** Class						Jr/Int **Spin** Class					
12:00 PM				Flood			Flood			Flood			Flood		
12:15 PM	Jr/Int **EDGE** Class 12:15-12:45			Open Freeskate 12:30-1:15			Jr/Int **EDGE** Class 12:15-12:45			Open Freeskate 12:30-1:15			SIMULATIONS 12:45-1:30		
12:30 PM															
12:45 PM	Flood			Flood			Flood			Flood			Flood		
1:00 PM	Open Freeskate 1:00-1:45			Int/Sr Freeskate 2 1:30-2:15			Open Freeskate 1:00-1:45			Int/Sr Freeskate 2 1:30-2:15			Int/Sr Freeskate 3 1:30-2:15		
1:15 PM															
1:30 PM															
1:45 PM	Flood						Flood								
2:00 PM	Int/Sr Freeskate 2 2:00-2:45	Int/Sr Freeskate 3 2:00-2:45			Int/Sr Freeskate 3 2:00-2:45		Int/Sr Freeskate 2 2:00-2:45	Int/Sr Freeskate 3 2:00-2:45			Int/Sr Freeskate 3 2:00-2:45				
2:15 PM															
2:30 PM															
2:45 PM															
3:00 PM															
3:15 PM					Int/Sr Off-ice Level 10 3:15-4:15						Int/Sr Off-ice Level 10 3:15-4:15			Int/Sr Off-ice Level 10 3:15-4:15	
3:30 PM															
3:45 PM															
4:00 PM															
4:15 PM															
4:30 PM															
4:45 PM															

Skate Regina 2026 Summer School Schedule - WEEK 4

For the Week of: **July 20, 2026 (Monday)**

	Mon July 20			Tue July 21			Wed July 22			Thu July 23			Fri July 24		
8:00 AM	Dance/Skills/Choreo 8:00-8:45			Dance/Skills/Choreo 8:00-8:45			Dance/Skills/Choreo 8:00-8:45			Dance/Skills/Choreo 8:00-8:45			Dance/Skills/Choreo 8:00-8:45		
8:15 AM															
8:30 AM															
8:45 AM	Flood			Flood			Flood			Flood			Flood		
9:00 AM	Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45		
9:15 AM															
9:30 AM															
9:45 AM	Flood			Flood			Flood			Flood			Flood		
10:00 AM	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **Group** Class		Jr/Int Jump class 10:00-10:30	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **SPIN** Class		Jr/Int Jump class 10:00-10:30	Jr/Int Freeskate 2 10:00-10:45		
10:15 AM		Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00			Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00				
10:30 AM	Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15				Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15						
10:45 AM													Flood		Jr Prep/Academy Off-ice 11:00-11:45
11:00 AM				Flood			Flood			Flood			SIMULATIONS 11:00-11:45		
11:15 AM	Flood			Jr/Int Freeskate 2 11:15-12:00			Jr/Int Freeskate 2 11:30-12:15			Jr/Int Freeskate 2 11:15-12:00					
11:30 AM	Jr/Int Freeskate 2 11:30-12:15		Int/Sr Off-ice DANCE 11:30-12:15			Int/Sr Jump class 11:45-12:15			Int/Sr Off-ice DANCE 11:30-12:15			Int/Sr Jump class 11:45-12:15	Int/Sr Freeskate 1 11:45-12:30	Int/Sr Freeskate 2 11:45-12:30	Jr/Int Level 10 Off-ice at Cooperators 11:00-11:45
11:45 AM				Jr/Int **Group** Class						Jr/Int **Spin** Class					
12:00 PM				Flood			Flood			Flood			Flood		
12:15 PM	Jr/Int **EDGE** Class 12:15-12:45			Open Freeskate 12:30-1:15			Jr/Int **EDGE** Class 12:15-12:45			Open Freeskate 12:30-1:15			SIMULATIONS 12:45-1:30		
12:30 PM															
12:45 PM	Flood	Int/Sr Freeskate 2 12:45-1:30		Flood	Int/Sr Freeskate 2 12:45-1:30		Flood	Int/Sr Freeskate 2 12:45-1:30		Flood	Int/Sr Freeskate 2 12:45-1:30		Flood		
1:00 PM	Open Freeskate 1:00-1:45			Int/Sr Freeskate 3 1:30-2:15			Open Freeskate 1:00-1:45			Int/Sr Freeskate 3 1:30-2:15			Int/Sr Freeskate 3 1:30-2:15		
1:15 PM															
1:30 PM															
1:45 PM	Flood						Flood								
2:00 PM	Int/Sr Freeskate 3 2:00-2:45						Int/Sr Freeskate 3 2:00-2:45								
2:15 PM															
2:30 PM															
2:45 PM					Int/Sr Off-ice Level 10 2:45-3:45						Int/Sr Off-ice Level 10 2:45-3:45			Int/Sr Off-ice Level 10 2:45-3:45	
3:00 PM															
3:15 PM															
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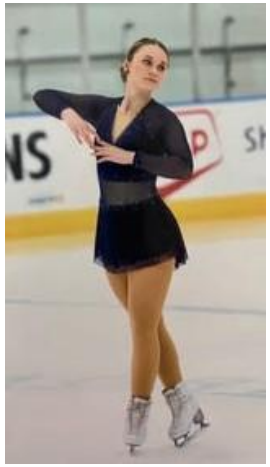
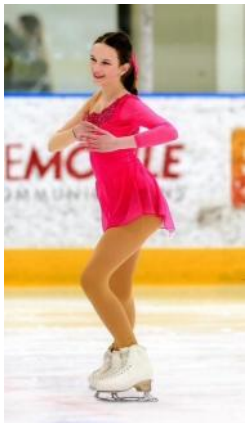
4:00 PM															
4:15 PM															
4:30 PM															
4:45 PM															



Skate Regina 2026 Summer School Schedule - WEEK 5

For the Week of: **July 27, 2026 (Monday)**

	Mon July 27			Tue July 28			Wed July 29			Thu July 30			Friday
8:00 AM	Dance/Skills/Choreo 8:00-8:45			Dance/Skills/Choreo 8:00-8:45			Dance/Skills/Choreo 8:00-8:45			Dance/Skills/Choreo 8:00-8:45			NO ICE
8:15 AM													
8:30 AM													
8:45 AM	Flood			Flood			Flood			Flood			
9:00 AM	Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			
9:15 AM													
9:30 AM													
9:45 AM	Flood			Flood			Flood			Flood			
10:00 AM	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **SPIN** Class		Jr/Int Jump class 10:00-10:30	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **SPIN** Class		Jr/Int Jump class 10:00-10:30	
10:15 AM		Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00			Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00		
10:30 AM	Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15				Int/Sr Freeskate 1 10:30-11:15		Jr/Int Off-ice DANCE 10:30-11:15				
10:45 AM													
11:00 AM				Flood			Flood			Flood			
11:15	Flood			Jr/Int Freeskate 2 11:15-12:00			Jr/Int Freeskate 2 11:30-12:15			Jr/Int Freeskate 2 11:15-12:00			
11:30 AM	Jr/Int Freeskate 2 11:30-12:15		Int/Sr Off-ice DANCE 11:30-12:15			Int/Sr Jump class 11:45-12:15			Int/Sr Off-ice DANCE 11:30-12:15			Int/Sr Jump class 11:45-12:15	
11:45 AM													
12:00 PM				Jr/Int **Spin** Class						Jr/Int **Spin** Class			
12:15 PM	Jr/Int **EDGE** Class 12:15-12:45			Flood			Jr/Int **EDGE** Class 12:15-12:45			Flood			
12:30				Open Freeskate 12:30-1:15						Open Freeskate 12:30-1:15			
12:45 PM	Flood						Flood						
1:00 PM	Open Freeskate 1:00-1:45	Int/Sr Freeskate 2 1:00-1:45			Int/Sr Freeskate 2 1:00-1:45		Open Freeskate 1:00-1:45	Int/Sr Freeskate 2 1:00-1:45			Int/Sr Freeskate 2 1:00-1:45		
1:15 PM				Flood						Flood			
1:30 PM				Int/Sr Freeskate 3 1:30-2:15						Int/Sr Freeskate 3 1:30-2:15			
1:45 PM	Flood						Flood						
2:00 PM	Int/Sr Freeskate 3 2:00-2:45						Int/Sr Freeskate 3 2:00-2:45						
2:15 PM													
2:30 PM													
2:45 PM					Int/Sr Off-ice Level 10 2:45-3:45						Int/Sr Off-ice Level 10 2:45-3:45		
3:00 PM													
3:15 PM													
3:30 PM													
3:45 PM													
4:00 PM													



Skate Regina 2026 Summer School Schedule - WEEK 6

For the Week of: **August 4, 2026 (Tuesday)**

	Monday	Tue August 4			Wed August 5			Thu August 6			Fri August 7		
9:00 AM	NO ICE	Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45		
9:15 AM													
9:30 AM													
9:45 AM		Flood			Flood			Flood			Flood		
10:00 AM		Int/Sr **Group** Class		Jr/Int Jump class 10:00-10:30	Int/Sr **EDGE** Class 10:00-10:30			Int/Sr **SPIN** Class		Jr/Int Jump class 10:00-10:30	Jr/Int Freeskate 2 10:00-10:45		
10:15 AM		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:30-11:15	Jr/Int Off-ice DANCE 10:30-11:15	Jr Prep/Academy Off-ice 10:15-11:00	Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00				
10:30 AM													
10:45 AM											Flood		
11:00 AM		Flood			Flood			Flood			Int/Sr Freeskate 1 11:00-11:45	Jr Prep/Academy Off-ice 11:00-11:45	Jr/Int Level 10 Off-ice at Cooperators 11:00-11:45
11:15 AM		Jr/Int Freeskate 2 11:15-12:00			Jr/Int Freeskate 2 11:30-12:15	Int/Sr Off-ice DANCE 11:30-12:15		Jr/Int Freeskate 2 11:15-12:00					
11:30 AM													
11:45 AM				Int/Sr Jump class 11:45-12:15						Int/Sr Jump class 11:45-12:15	Flood		
12:00 PM		Jr/Int **Group** Class						Jr/Int **Spin** Class			Int/Sr Freeskate 2 12:00-12:45		
12:15 PM		Flood			Jr/Int **EDGE** Class 12:15-12:45			Flood					
12:30 PM		Open Freeskate 12:30-1:15						Open Freeskate 12:30-1:15					
12:45 PM					Flood								
1:00 PM					Open Freeskate 1:00-1:45								
1:15 PM		Flood						Flood				Int/Sr Off-ice Level 10 1:15-2:15	
1:30 PM		Int/Sr Freeskate 2 1:30-2:15						Int/Sr Freeskate 2 1:30-2:15					
1:45 PM					Flood								
2:00 PM					Int/Sr Freeskate 2 2:00-2:45								
2:15 PM													
2:30 PM													
2:45 PM			Int/Sr Off-ice Level 10 2:45-3:45						Int/Sr Off-ice Level 10 2:45-3:45				
3:00 PM													
3:15 PM													
3:30 PM													
3:45 PM													
4:00 PM													

Skate Regina

Package Information and Fees

Registration fees will be derived by totalling the week and session rates then applying the applicable discount.
Weeks 1, 5 and 6 are four day weeks. Weeks 2, 3 and 4 are five day weeks.
Note, a $60 registration fee will be added to the package fees.

All packages include:

- 1, 2 or 3 free skate sessions per day/per week purchased. Note, 3 session packages include 3 sessions on Monday thru Thursday and 2 sessions on Friday where applicable.
- For Junior/Intermediate and Intermediate/Senior skaters there will be two 45-minute off-ice dance training sessions per week (depending on the week).
- Two 30 minute edge classes per week (depending on the week).
- One 15 minute spin class per week and one 15 minute group session per week.
- Two 30 minute off-ice jump classes per week.
- Additional off-ice sessions provided by Level 10, not included in these package fees, are offered. (Details are provided on the last two pages of the brochure).

	Packages Offered					
	Weeks 1,5,6	Weeks 2,3,4	**3 week discount**	**4 week discount**	**5 week discount**	**6 week discount**
Sessions/ day	Weekly Rate	Weekly Rate	**12%**	**14%**	**16%**	**18%**
1	$200	$247				
2	$263	$331				
3	$331	$410				

Simulations:

- Simulations are offered on July 10th, 17th, and 24th
- Space is limited
- Cost is $27.50 per simulation

Additional Information

Level of Skating Guideline

Junior/Intermediate: Star 2 to Pre-novice

Intermediate/Senior: Pre-novice and higher

Groupings:

Final groupings will be at the discretion of the summer school directors based on the number of skaters registered and coaching availability.

Coaching Staff: See Skate Regina website for details.

To Register

- ☞ Registration Opens: April 22nd , 10:00am for Members, and April 24th 10:00am for Non-Members. Access to the registration web page can be found on the Skate Regina website under the registration tab. Members registered in a program from Sept 2025 to June 2026 will receive a code for priority registration. For simulations, please add your skater to the waitlist for each simulation requested . Once the Summer School Directors fill the simulations, you will receive an invoice that can be paid online before the beginning of summer school. Refunds for simulations will only be given if another skater is able to take the spot.

Cancellation Policy

- ☞ The cancellation deadline is June 7th. After June 7th, refunds will be considered for medical reasons substantiated by a doctor's medical certificate. Requests must be received in writing. The $60.00 administration fee will be withheld on all refunds.

Tuition Tax Credit

Effective January 2021, Skate Regina has been approved as an Educational Institution by the Minister of Human Resources and Skills Development Canada. This certification enables Skate Regina to issue a tuition tax credit receipt for amounts over $100 in respect of students 16 years of age and older. This tuition tax credit is valid for programs that provide students with sufficient skills to work in, or improves that student's existing skills in an occupation. Social or recreational courses are not eligible for the Tuition Tax Credit.

Level 10 Off-ice Training Information

OFF-ICE TRAINING OPPORTUNITY

Skate Regina coach, Christine Laprairie, of Level 10 Fitness Regina, will be providing an in-person fitness training program for Skate Regina 2026 summer school skaters. All sessions will focus on improving strength, jump height, core, mobility, flexibility and balance.

Christine holds a Bachelor of Kinesiology in Human Kinetics degree. Christine is a part owner of Level 10 Fitness, National Strength and Conditioning Certified Specialist, Saskatchewan Sports Medicine & Science Consultant and works with many Skate Regina and Skate Saskatchewan figure skaters. See the following brochure page for instructions on how to register for Christine's off-ice sessions.

Level 10 Off-ice Training Opportunity

(Location, Schedules, Investment, Registration Instructions)

Junior/Intermediate Figure Skating Group - Fridays 11:00 am to 11:45am (all sessions at the Cooperators Arenas)

- Fridays at 11:00am to 11:45am: July 3rd, July 10th, July 17th, July 24th, and August 7th

Investment per session: $15.00 plus tax, or a punch pass.

(Skaters must PRE-REGISTER by calling or emailing Level 10 as explained below).

Intermediate/Senior Figure Skating Group - Tuesday/Thursday/Friday at 2121 Grant Rd. Level 10 Facility

- **Week 1:** Tuesday, June 30 ⇢ 3:45-4:45pm / Thursday, July 2 ⇢ 3:45-4:45pm / Friday, July 3 ⇢ 2:15-3:15pm
- **Week 2:** Tuesday, July 7 ⇢ 3:45-4:45pm / Thursday, July 9 ⇢ 3:45-4:45pm / Friday, July 10 ⇢ 2:45-3:45pm
- **Week 3:** Tuesday, July 14 ⇢ 3:15-4:15pm / Thursday, July 16 ⇢ 3:15-4:15pm / Friday, July 17 ⇢ 3:15-4:15pm
- **Week 4:** Tuesday, July 21 ⇢ 2:45-3:45pm / Thursday, July 23 ⇢ 2:45-3:45pm / Friday, July 24 ⇢ 2:45-3:45pm
- **Week 5:** Tuesday, July 28 ⇢ 2:45-3:45pm / Thursday, July 30 ⇢ 2:45-3:45pm
- **Week 6:** Tuesday, August 4 ⇢ 2:45-3:45pm / Thursday, August 6 ⇢ 2:45-3:45pm / Friday, August 7 ⇢ 1:15-2:15pm

Investment (Punch Pass Options):

- 5 punch pass = $112.50 + tax ($22.50/session)
- 10 punch pass = $185 + tax ($18.50/session)
- 15 punch pass = $262.50 + tax ($17.50/session)
- 20 punch pass = $340 + tax ($17.00/session)
- Drop in session = $26 + tax

*Punch passes from Spring Level 10 training can be used.

**Punch passes do not expire and can be used for future sessions as Level 10 runs off-ice sessions all year long.

*** Siblings can use the punch passes of a family member.

****Skaters must PRE-REGISTER for all classes by *calling* or *emailing* Level 10 as explained below. Note, there is no online booking.

To Book/Register: **1.** Create a level 10 account at https://level10regina.com/waivers; **2.** Email Level10fitness@sasktel.net with athlete name and the dates they wish to register for, or call Level 10 at (306) 337-0010 to register. Payment is via credit card (on file or over the phone), e-transfer or payment at the front desk on the day of the first registered session.